



Compleat Food Network

Grains, Rice and Noodles Product Range - Autumn 2017

Grains

Amaranth
Buckwheat
Bulgur Wheat
Spelt
Quinoa - red, white, black
Cous cous
Einkorn
Kamut
Black barley
Teff
Millet
Pearl barley

Rice

Basmati
Long Grain
Risotto
Brown
Camargue
Wild
Arborio
Ribe
Black

Noodles

Rice
Udon
Glass
Wholewheat
Soba
Egg Noodles